

The Oak Dental Practice

St Johns Terrace,
Ballaghaderreen,
County Roscommon
Tel 09498 60000

Advice following oral surgery procedures

After leaving the surgery please do not rinse your mouth out, as this may cause the socket to bleed again. Should you have any bleeding, use the cotton rolls we have provided you with and apply gentle pressure to the socket for approximately 15 minutes. If you misplace the cotton rolls a clean piece of tissue roll may be used.

Try to avoid alcohol for the remainder of the day as this may lead to bleeding from the socket, also avoid smoking or smoky environments as this may delay the healing of the socket and can result in an infection developing in the area of the extraction.

Exercise may lead to bleeding starting from the socket again, so please do not exert yourself for the remainder of the day.

It is not unusual for the area of the socket to be tender following the extraction, we suggest that you take whatever painkiller you would normally take for a headache before the anaesthetic has worn off, this is for your own comfort.

If you are unsure what painkiller to use, especially if you are an asthmatic or have a history of stomach ulcers please consult your dentist or pharmacist. Do not be alarmed if the socket oozes for the next 24-48 hours as this is normal, however do not hesitate to contact the surgery if you are concerned with the amount of bleeding.

In cases of severe bleeding outside of normal practice hours please email receptionoakdental@gmail.com.

Dr Noel Henderson
BDS DPDS MJDF MFDS MSc FFGDP MClIn Dent MDPH FCGDent
Dental surgeon